

**This list will make your sailing aboard OBSESSION a more pleasant and enjoyable experience. If you have ANY questions please feel free to call us.**

**(760) 212-2963**

- Hat (To keep the sun off of you face)
- LIGHT JACKET OR SWEATSHIRT (Depending on the time of year it can be chilly on the water)
- SUN SCREEN OR SUNBLOCK ( During the summer months the sun can reflect off the water and give you a substantial burn)
- TENNIS SHOES (Any non marking soles would be appreciated, and they will grip better for keeping a good footing while underway)
- MOTION SICKNESS MEDICATION ( If you have problems with motion sickness try Bonnine or Dramamine both of these are over the counter medications and should be taken 1-2 hours prior to departure with food.
- SUN GLASSES (It is bright out on the water even when it is not sunny).
- FOOD & BEVERAGES (Depending on the time of day you may want to bring your favorite beverage to drink or a sack lunch, Bring your lunch or snack in a paper or plastic bag. We have an ice box and water aboard).
- SHORTS OR COOL CLOTHING (In the warmer months it can be warm out on the water.
- CAMERA (We sometimes run into sea life and I love to take pictures of you and your family for remembering your sailing adventure on OBSESSION). Please make sure your camera has a strap, I have not seen too many cameras that float when dropped in the water!